

- 1. Collect contact information for new and returning members.
- 2. Review planned practice and meet schedules subject to updates.
- 3. Review meet expectations for swimmers and volunteers.
- 4. Review general expectations for swimmers.

## Show up...Do it right...Honor your teammates with your effort

2022 -23 Varsity Letter Standards

A swimmer or diver should achieve or exhibit the following:

- 1. Attendance Attends at least 93% of all practices.
- 2. Attitude Displays a positive attitude.
- 3. Sportsmanship Displays respect for teammates, opponents, and officials.
- 4. Team Player Supports the team and teammates.
- 5. Earn an average of 3 points per dual meet.
- 5. Review apparel and equipment guidelines.
- 6. Review team expenses.
- 7. Review fundraising, purpose of fundraisers, and discuss events for 2022-23 season.
- 8. Discuss social events.
- 9. Accept questions and volunteers to assist with various team functions.

website: www.BMcDSwimming.org twitter: @mcdswimdive

Coach Kurt: Swimming@BishopMcDevitt.org 717-372-3644